

Join the **JUMP Challenge**

WIN!

Sony 40inch HD TV + PVR Decoder,
random spot prizes just for entering
and a whole lot more...



**How does 40 inches of high-definition television,
PVR decoder and all, grab you? We'll even throw in
R1 800 Dis-Chem vouchers to get you walking,
because that is literally all you have to do to win
Momentum Health's Jump Challenge!**

Running from 1 May to 31 August 2010, the Jump Challenge is open to Momentum Health members over 18 and the winner will be the person who uploaded the most steps during that period.

Don't forget you could be boosting your fitness levels and losing weight! Plus you will be racing towards the R1 800 a year in HealthReturns that adult members on Momentum Health can earn through the Compliance incentive™ Programme.

For the full terms and conditions, email jump@momentum.co.za - see you at the finish!

momentum
health